

Jefferson-Lewis BOCES CPR and First Aid for Coaches

For CPR the course will be held at Jefferson Community College. The First Aid content only will be offered by Webex. The hands on component of First Aid mannequin/breathing portion will be held in person at the Jefferson Community College, 1220 Coffeen Street, Watertown, NY, Jules Center, meet at the Bookstore lobby. Classroom number will be 6-118.

The certification office at the Jefferson-Lewis BOCES would like to have the paperwork in for the coaches by:

Fall sports – July 1

Winter sports – October 1

Spring sports – January 1

Classes will run if there is sufficient enrollment.

Fall 2023 CPR/First Aid Courses

CPR Initial/Update

Monday, November 13, 2023 4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial
Thursday, December 14, 2023 4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial

First Aid Initial

Saturday, December 16, 2023 9:00–1:00 p.m. Webex
Tuesday, December 19, 2023 4:30-8:30 p.m. Webex
Thursday, December 21, 2023 4:30-8:30 p.m. (Hands on component in person)

First Aid Update Part 1

Monday, November 6, 2023 4:30-8:00 p.m. Webex

Part 2 (Hands on component in person)

Wednesday, November 8, 2023 4:30-6:30 p.m.

Winter 2024 CPR/First Aid Courses

CPR Initial/Update Part 1

Monday, January 9, 2024 4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial
Saturday, February 3, 2024 9:00 a.m.-12:00 p.m. for CPR Update, 9:00-1:00 p.m. for CPR Initial

First Aid Initial – 12 hours

Monday, January 16, 2024 4:30 p.m.-8:30 p.m. Webex
Thursday, January 18, 2024 4:30 p.m.-8:30 p.m. Webex
Monday, January 23, 2024 4:30 p.m.-8:30 p.m. (Hands on component in person)

First Aid Update Part 1

Saturday, January 6, 2024 9:00-12:30 p.m. Webex
Saturday, January 27, 2024 9:00-12:30 p.m. Webex

Part 2 (Hands on component in person)

Thursday, January 11, 2024 4:30-6:30 p.m.
Tuesday, January 30, 2024 4:30-6:30 p.m.

Summer 2024 CPR/First Aid Courses

CPR Initial/Update

Thursday, June 13, 2024 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial
Wednesday, July 10, 2024 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial
Tuesday, August 6, 2024 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial

First Aid Initial

Saturday, June 1, 2024 9:00-1:00 p.m. Webex
Tuesday, June 4, 2024 4:00-8:00 p.m. Webex
Thursday, June 6, 2024 4:00-8:00 p.m. Hands on portion in person

First Aid Initial

Saturday, August 3, 2024 4:00-8:00 p.m. Webex
Friday, August 9, 2024 4:00-8:00 p.m. Webex
Tuesday, August 13, 2024 4:00-8:00 p.m. Hands on portion in person

First Aid Update Part 1

Friday, June 7, 2024 4:00 p.m.-7:30 p.m. Webex
Wednesday, July 17, 2024 4:00 p.m.-7:30 p.m. Webex
Saturday, August 10, 2024 9:00-12:30 p.m. Webex

Part 2 (Hands on component in person)

Saturday, June 8, 2024 9:00-11:00 a.m.
Friday, July 19, 2024 4:30-6:30 p.m.
Thursday, August 15, 2024 4:30-6:30 p.m.

October 30, 2023

The First Aid Initial course is 12 hours and the First Aid Update course is 5.5 hours. The CPR Initial course is four hours and the CPR Update course is three hours.

To register for classes, please contact Darcy Peterson at Jefferson-Lewis BOCES, 20104 State Route 3, Watertown, NY 13601 – 315-779-7015, e-mail dpeterson@boces.com. When you register, we will need the names of the coaches, cell phone number, email address, date of birth and last four digits of Social Security number. We have to have an enrollment of six coaches to run each course. If the school district request us to run the courses and we do not have the minimum enrollment, the cost of the course will be divided between the school districts. If a coach signs up for a course and does not come, the school district will still be billed for the coach that did not show up for the course.